

SUMMER

FBISD FITNESS CLASSES



**Aquatic Practice Facility
Aquatic Fitness Class
Mondays at 5:00 pm**

16701 Bissonnet St.
Houston TX, 77083



**Don Cook Natatorium
Aquatic Fitness Class
Fridays at 11:00 am**

16255 Lexington Blvd,
Sugarland TX 77479



**Aquatic Practice Facility
Open Swim
Mondays 5:00 - 8:00 pm**

**Don Cook Natatorium
Open Swim
Fridays 9:00 am - 12:00 pm**

Participants are unable to use the locker rooms
but will have access to the lobby bathrooms to
utilize before and after class.

Black Out Dates

**JUNE 27 DON COOK
JULY 1 & 4 AT BOTH LOCATIONS**